

	<h2>Health Overview and Scrutiny Committee</h2> <h3>Monday 6th February 2017</h3>
<p style="text-align: right;">Title</p>	<p>Update on Dementia Support in Barnet</p>
<p style="text-align: right;">Report of</p>	<p>Adults and Health Commissioning Director, London Borough of Barnet Interim Director of Commissioning, Barnet Clinical Commissioning Group</p>
<p style="text-align: right;">Wards</p>	<p>All</p>
<p style="text-align: right;">Status</p>	<p>Public</p>
<p style="text-align: right;">Urgent</p>	<p>No</p>
<p style="text-align: right;">Key</p>	<p>No</p>
<p style="text-align: right;">Enclosures</p>	<p>Appendix A</p>
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<h3>Summary</h3>
<p>This report is a response to a request to update the committee on matters relating to dementia support in Barnet. The report covers the context of dementia in Barnet, the dementia services provided in Barnet and an overview of current commissioning arrangements and performance.</p>

<h3>Recommendations</h3>
<p>1. That the committee notes the content of this report.</p>

1. WHY THIS REPORT IS NEEDED

- 1.1 This report is a response to a request to update the committee on matters relating to dementia support in Barnet.

2. REASONS FOR RECOMMENDATIONS

- 2.1 Dementia is a condition which is more prevalent with age. In Barnet the growth rate of the number of people with dementia is increasing, suggesting that dementia and the resultant care and support required, will become an increasing pressure for Barnet. Early diagnosis of dementia is a government priority, and early provision of support at home can decrease institutionalisation by 22%. The report allows the committee to be informed and updated on dementia support in Barnet

3. ALTERNATIVE OPTIONS CONSIDERED AND NOT RECOMMENDED

- 3.1 None in the context of this report.

4. POST DECISION IMPLEMENTATION

- 4.1 Following the consideration of this report the committee will be able to determine if they require any future reports or information.

5. IMPLICATIONS OF DECISION

5.1 Corporate Priorities and Performance

- 5.1.1 The dementia services support the council's 2015 - 2020 Corporate Plan in relation to:
- 5.1.2 its vision of adult social care focused on personalised, integrated care with more residents supported to live in their own home
- 5.1.3 its strategic objective of Barnet being a place where people are helped to help themselves, recognising that prevention is better than cure
- 5.1.4 its objective for health and social care making a step change in the council's approach to early intervention and prevention as a means of managing demand for services.
- 5.1.5 The services also supports BCCG's vision in relation to:
- 5.1.6 We will continue to improve the health and wellbeing of the local population by focussing on preventative services, reducing health inequalities, and enabling the population to take responsibility for its own health

5.2 Resources (Finance & Value for Money, Procurement, Staffing, IT, Property, Sustainability)

5.2.1 There are no financial implications for the council in receiving this report

5.3 Social Value

5.3.1 The Public Services (Social Value) Act 2013 required people who commission public services to think about how they can also secure wider social, economic and environmental benefits. Before commencing a procurement process, commissioners should think about whether the service they are going to buy, or the way they are going to buy them, could secure these benefits for those areas or stakeholders.

5.3.2 There is no specific reference to Social Value act relevant issues within this report but the Barnet Dementia pathway has been commissioned with social value as one aspect of the commissioning principles specifically the use of voluntary and community sector agencies operatives and resources to inform, co-produce and deliver specific strands of the pathway.

5.3.3 Elements of the service will deliver significant social value through:

- utilisation of volunteers
- working in an environmentally responsible manner
- progressing work on developing Barnet as a dementia friendly community
- services contracts, include any Social Value considerations relevant to the decision - in accordance with the guidelines below}

5.4 Legal and Constitutional References

5.4.1 The report outlines current and planned activity and service context and specific responses to the member's item only. No decisions are being called for.

5.4.2 Section 244 of the National Health Service Act 2006 and Local Authority (Public Health, Health and Well Being Boards and Health Scrutiny) Regulations 2013/218; Part 4 Health Scrutiny by Local Authorities provides for the establishment of Health Scrutiny by local authorities.

5.4.3 The Council's Constitution (Responsibility for Functions) sets out in the terms of reference of the Health Overview and Scrutiny Committee as having the following responsibilities:

To perform the overview and scrutiny role in relation to health issues which impact on the residents of London Borough of Barnet and the functions services and activities of the National Health Service (NHS) and NHS bodies located within the London Borough of Barnet and other areas.

5.5 Risk Management

5.5.1 There are no risks identified in the report itself.

5.6 Equalities and Diversity

The 2010 Equality Act outlines the provisions of the Public Sector Equalities Duty which requires Public Bodies to **have due regard** to the need to:

- eliminate unlawful discrimination, harassment and victimisation and other conduct prohibited by the Equality Act 2010
- advance equality of opportunity between people from different groups
- foster good relations between people from different groups

The protected characteristics are: age, disability, gender reassignment, pregnancy and maternity, race, religion and belief, sex and sexual orientation.

The dementia services in Barnet will assist the council in meeting its duties under the Equality Act 2010, particularly with regard to age and race:

- Dementia incidence increases with age, and Barnet has an ageing population: Dementia incidence is much higher in older age groups, and increases markedly with age. Amongst the 65+ age group, estimated prevalence ranges from 7.8% to 8.7%, and amongst those aged 85 or over, prevalence is nearly 1 in 4. The Barnet over 65 population is forecast to grow 3 times faster than the overall population between 2015 and 2030, and the rate increases more in successive age bands. For instance, the 65+ population will grow by 34.5% by 2030, whereas the 85 and over population will increase by 66.6% (Joint Strategic Needs Assessment 2015 to 2020)
- Barnet's ageing population will become increasingly diverse and thus a greater proportion of people with dementia in the borough will be from Black and Minority ethnic groups in the future. By age, in Barnet the highest population of the population from White ethnic backgrounds is found in the older age groups, whereas the highest proportion of people from Black, Asian, and Minority Ethnic groups is found in the younger age groups. Barnet's population is projected to become increasingly diverse as the White British population is projected to decrease in proportion to the total population (from 61.3% in 2015 to 58.4% in 2021 and 56.4% in 2030) (Joint Strategic Needs Assessment 2015 to 2020)

5.7 Consultation and Engagement

- 5.7.1 The re-modelled dementia pathway was developed from a series of workshops and focus groups with stakeholders, including professionals and the public (2012 and 2013).
- 5.7.2 Ongoing changes have been shaped by conversations with older citizens via Partnership Boards, reference groups, events, interviews with professionals, Barnet Health Watch, interviews with carers.
- 5.7.3 Consultation was undertaken with a range of stakeholders in relation to the recent procurement for the support services, which showed strong support for the services and for the service model.
- 5.7.4 The development of the service specification for care and support for the Extra Care Scheme involved a variety of consultation activities including carer

and service user involvement in good practice research including scheme visits (in and out of borough), focus groups with existing residents and drafting of good practice report.

5.7.5 A 'Dementia Information in Barnet Working Group' will be set up in January; the focus will be to look at the sort of information people would like to receive and what formats are best placed. Members of the group will be drawn from Barnet's People Bank and will be in partnership with Alzheimer's Society and Barnet Healthwatch. As part of this work will be engaging with local community groups to ensure that appropriate information is available to Black and Ethnic Minority and other minority groups.

5.8 **Insight**

5.8.1 A variety of information resources have informed this paper.

6. **BACKGROUND PAPERS**

6.1 Appendix A

Appendix A Update on Dementia Support in Barnet

1.Context

It is estimated that there are over 4,300 people with dementia living in Barnet and by 2021 this figure is expected to increase by 24%. Dementia presents a significant health and social care challenge to the borough.

Barnet Council (the council) and Barnet Clinical Commissioning Group (BCCG) are committed to supporting people with dementia to live a full and active life, enabling them to live at home for longer and ensuring that carers are empowered and supported in their daily lives. The council and BCCG commission dementia support services focusing on early and timely diagnosis, improving information and supporting people with dementia and their carers in the early stages.

The services provided through the dementia pathway are a key component of the council's prevention and early intervention initiatives, forming important components of Tier 2 of the integrated health and social care model being implemented through the Barnet Better Care Fund Plan. The services also play a key role in implementing the Dementia Manifesto for Barnet.

2.Key facts about Barnet and Dementia

The Barnet over 65 population is forecast to grow three times faster than the overall population between 2015 and 2030, and the rate increases more in successive age bands. For example, the 65+ population will grow by 34.5% by 2030, whereas the 85 and over population will increase by 66.5%.

In 2015 about 14% of Barnet's population was over 65, which represents over 51,000 people.

It is currently estimated there are over 4300 people with dementia in Barnet, and by 2021 an estimated increase of 24%.

Barnet has one of the largest numbers of care homes in Greater London, with the highest number of care homes registered for dementia.

The Dementia Diagnosis rate is 77.6% for Barnet as at 30th November 2016. The estimated national rate is 68%. According to the latest figures Barnet has the highest recorded number of dementia diagnoses in London.

3.Barnet's Integrated Dementia Pathway

Working with partners in the public and voluntary sector, Barnet has developed local dementia services with a focus on improving information and advice and supporting people mainly in the early stages of the condition, as research suggests that people have a better quality of life if they receive an early diagnosis followed by support.

Over the past 3 years a number of changes have been made at different stages of the pathway in order to ensure a more joined up approach between health and social care and also to prepare for the challenges ahead. This has been achieved through:

- improved access to memory assessment and building capacity and support in the community.
- working with primary care to improve the Dementia Diagnosis rate
- utilising the Better Care Fund - Dementia is included in Barnet's Integrated Care Model tier 2 Health and Well Being and tier 3 Access services, and is also a theme across all tiers
- an existing network of services, now joined by newly commissioned services

4.Components of the Barnet Services

A Remodelled Memory Assessment Service (MAS) is commissioned by Barnet Clinical Commissioning Group (BCCG) and provided by Barnet Enfield and Haringey Mental Health Trust (BEHMHT). Early diagnosis of dementia is a government priority and the National Dementia Strategy 2009 describes the value of early diagnosis and intervention. The then Prime Minister was committed to ensuring the Memory Services were established in all parts of the country. Prior to 2013 Barnet had no specific memory service and there were long waits for patients to be seen by the nurse led memory treatment clinics. The establishment of a memory service also followed NICE/SCIE guidance, and NHS Mandate 2012.

The service was fully operational by summer 2014. This provides:

- early holistic assessment for people with memory problems
- a multi-disciplinary service, follows NICE guidelines and has now achieved Memory Service National Accreditation programme (MSNAP) standards (Oct 16)
- integrated community support for people with dementia (PWD) and their carers, at the point of diagnosis, working closely with the Alzheimer's society
- increased capacity, the waiting list has reduced and people receive a diagnosis within 12 weeks of referral to the MAS by their GP, meeting one of the Barnet Health and Well Being Board (HWBB) targets.

Investment in wellbeing, prevention, and support to carers; a Dementia Day Opportunities service and carer support, has been established for a number of years. A dementia advisor service, with one advisor, was established in April 2014. An additional 2 advisors were added in May 2015. The Dementia café service commenced in summer 2013. All these services were provided by the Alzheimer's Society.

LBB commissioned a new contract commencing April 2016 with Alzheimer's Society for dementia support services in the community. The National Dementia Strategy 2009 recommended the provision of better and local information for people with dementia and their carers, that allows them to manage the condition more effectively and remain at home for longer. The new service is similar and comprises:

- Dementia Advisors - work with people at an early stage, helping them at the point at which they are diagnosed to make the choices which will let them live as independently as they possibly can. Dementia cafes - an informal social point at which PWD and their carers can come together, sharing views,

obtaining mutual support and gathering information and participating in arts and crafts activities.

- A dementia Day Opportunities service and carer support, the day experience will now also offer half day slots at different venues across the borough.
- In addition to the above the Alzheimer's Society will also develop a Dementia Hub in Hendon, providing a visible presence for the integrated dementia support services and a central focus for the further development of the Barnet Dementia Network.

A Dementia Action Alliance Co-ordinator (DACC), will be resourced by the Alzheimers Society outside of the tender. The DACC will help to initiate a Dementia Action Alliance, recruiting stakeholder members and working towards Barnet becoming a dementia friendly community.

5.The Barnet Dementia Manifesto

Below is a brief summary of progress against commitments in the Manifesto, which was approved by the Barnet Health and Well Being Board in November 2016.

Barnet continues to improve its diagnosis rate which is currently 77.6% as at 30th November 2016.

The MAS continues to meet the target for people to receive a diagnosis within 12 weeks of referral.

Barnet supported Dementia Awareness week in 2015 and 2016, various events took place across Barnet and a number of staff from LBB and BCCG became Dementia Friends. Awareness events have been held in Brent Cross Shopping Centre– led by a Barnet elected Member.

Following a successful event in May 2016, 18 organisations have signed up to join the Barnet Dementia Action Alliance; this will enable Barnet to progress towards becoming a 'Dementia Friendly Community'.

Barnet libraries partnership with BEHMHT for 'Books on Prescription' is progressing well, a large number of dementia support materials having been successfully delivered to Barnet's care homes, Carer's Centre and GP surgeries. A recent health information sharing event at Chipping Barnet Library proved very successful and a follow up event is planned for Spring 2017. BEH has scheduled a series of promotional events for mental health professionals and community groups for January and February. A variety of titles from the 'Pictures to Share' collection are now available in Barnet libraries.

One of the Mayor's two charities this year is a Dementia club UK, which is led by Cllr Lisa Rutter and provides Dementia Club sessions at a range of venues in Barnet. The Saracens support a Dementia Club held at Finchley Memorial Hospital three times each month. In addition to this Dementia Clubs UK run 9 clubs across the borough.

The council have also commenced a support service which utilises innovative support for carers and client. This service offers psychological support sessions,

activities such as art therapy and ongoing care throughout the pathway linking with the services from both the Alzheimer's Society and the MAS.

The Dementia Advisor Service is also running regular advice and support sessions in a GP surgery, Barnet Carers Centre, and the Phoenix Cinema in addition to having a presence at the MAS. One off events and/or talks information stalls include: Spurs Foundation, Almshouses Trust, Practice Nurse Event, altogether Better Barnet, Age UK and Jewish Care.

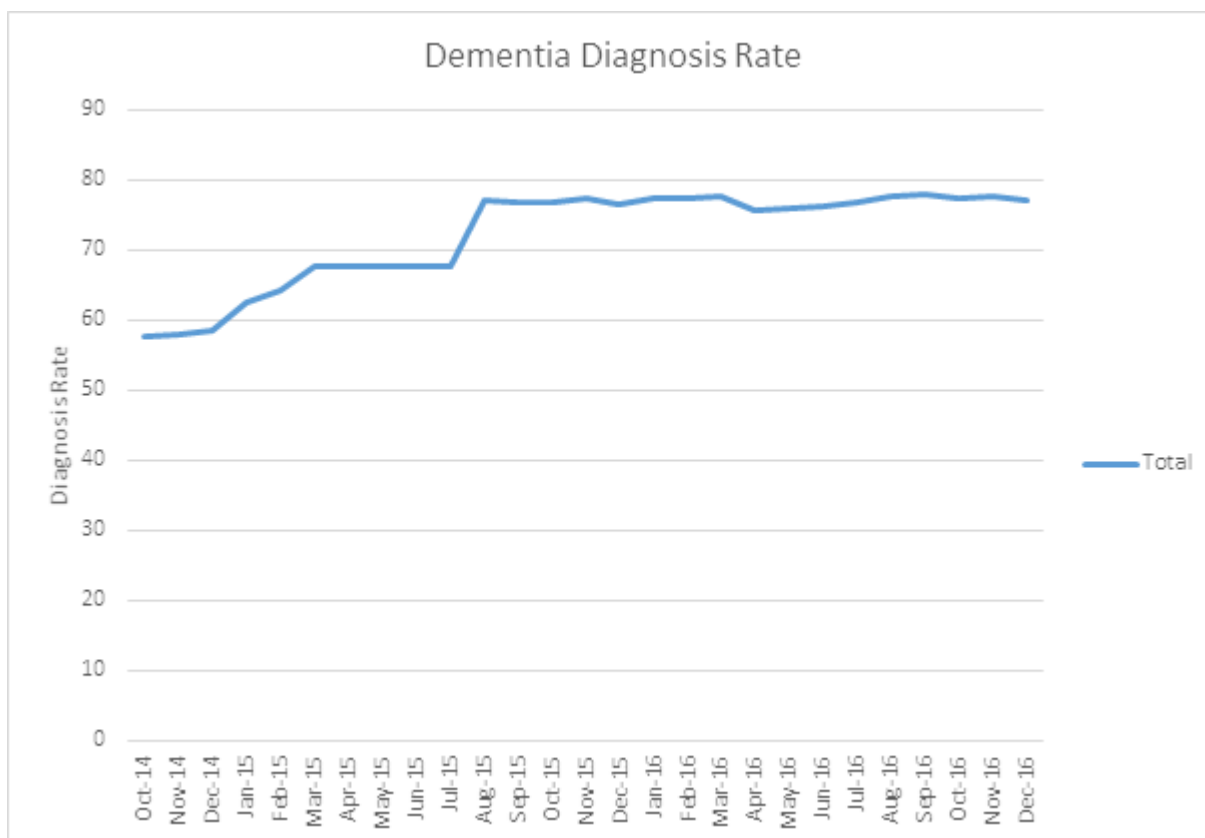
The subject of dementia in hospitals has been covered in previous HOSC meetings (May 2016) via consideration of the Royal Free London's Quality Account which details work undertaken in relation to dementia.

Care homes, both residential and nursing, are an essential part of care provision for people with dementia. A number of services and training modules have been developed by BCCG and LBB to support the care sector in Barnet. Two dementia training modules, linked to QCF, are being offered to all care staff in Barnet, along with End of Life training.

6. Performance Summary

The London Borough of Barnet and Barnet CCG together have made a pledge to ensure dementia remains a key focus for future activities, this includes the launch of our Dementia Manifesto. Barnet has a dementia diagnosis rate of 77.6% (November 2016 data) which is in excess of Barnet's own target of 75% and the national target of 67%.

The table below shows progress in Barnet's improving diagnosis rate, from October 2014 which is when the DH commenced monitoring. In March 2015 Barnet's rate was 67.7 which exceeded the government target of 67%. The rate has continued to improve as the graph demonstrates.



The Barnet Memory Assessment Clinic has a referral to assessment time of six weeks with a low non-attendance rate of 2-5%. This has been achieved through alterations to the procedure within the unit. Patients and carers are called prior to the appointment to ensure attendance. The MAS have also recently gained MSNAP accreditation October 2016.

During 2015/2016 642 patients were seen in the Memory service with 389 new cases of dementia diagnosed. At the end of the year out of 184 patients surveyed 97% were happy with the service.

The London Borough of Barnet have commissioned the Alzheimer’s Society for a further 3 plus 2 years to deliver a support programme which includes the development of a dementia hub, provision of three dementia advisors, and 4 dementia cafes across the borough.

2015/2016 Performance Data for Dementia Support Service:

	Total number of Activities	Total number of service users
Dementia advisor	808	212
Dementia support	424	40
Information provision	N/A	357

Marillac Day services	2805	60
Four dementia café's	592	128

A number of organisations have signed up to form a Dementia Action Alliance (DAA), which is recognised as the building block to for Barnet to become a dementia friendly borough (DFB). The Dementia Action Alliance will be formally constituted in February 2017. The DAA will develop its own action plan and targets and assist individual organisations to develop their own action plans. This will include a definition of what will be in place by 2019 which will define Barnet as being a DFB. The aim is to work towards a DFB by 2019.

The Dementia Fingertips tool from the Department of Health and the Dementia Atlas provided by Shapeatlas.net utilising data from a range of services including DH fingertips, Alzheimer's Society and dementia friends. Both Fingertips and the atlas are very similar and publicly accessible. Key figures from a brief analysis of this data is shown here:

Headline	Barnet figure	National and London comparison where available	Source/dates
Diagnosis	77.6%	National 68%	NHSE November 2016
Emergency admissions for people with dementia	3,856 per 100,000 on Fingertips tool	National 3306 London 3721	Fingertips tool
Rates for Dying in normal place of residence	56.6%	67.5% nationally 56.1% London	Fingertips tool

7.Plans for 2017 and Beyond

The Barnet Dementia Action Alliance will be formally constituted early in the new year, and an Action Plan developed.

The council is commissioning an innovative dementia focused extra care housing (ECH) scheme at Moreton Close comprising 51 flats opening in spring 2018. ECH is a popular and cost effective alternative to residential care, located within local communities so that residents can continue to participate in local activities. ECH has been shown to reduce unplanned hospital and/or care home admissions, and enable people with dementia to remain living for longer in the community. The scheme will reflect best practice in terms of design and the delivery of flexible person centred care.

The Barnet Dementia Hub in Hendon will be launched in March 2017. This will provide 'Day Experience' - a range of activities; cognitive, physical and social for people with dementia in a safe and welcoming environment with trained staff and volunteers. Individuals will be encouraged and supported to maintain their skills and remain a part of their communities. The Day Experience offer will also be run in half

day slots at different venues across the borough. The Hub will include a resource element and individuals can access support and the resource either by telephone or visiting the Hub where there will be a Dementia Advisor present during opening hours.

A 'Dementia Information in Barnet Working Group' will be set up in January 2017; see under 5.7.5 Consultation and Engagement.

Again the council and the BCCG will be participating in Dementia Awareness Week in May 2017

